

## What is Social Work?

Social Work is a practice-based profession that promotes social change and development, social cohesion and the empowerment and liberation of people. Principles of social justice, human rights, collective responsibility and respect for diversity are central to social work.

## What do social workers do?

Social workers work in different settings such as voluntary welfare organisations and hospitals, and specialise in different fields of practice such as healthcare, family, eldercare, disability, youth and children.

Social workers help people manage life challenges and achieve self-reliance. They perform a combination of the following tasks, depending on their job role and the organisation they work for:



Work with people and communities in a sustained way to raise their capacity to cope with circumstances so as to bring about improved social functioning and well-being



Equip clients with the required knowledge and ability to navigate through various help systems and gain access to necessary resources and services



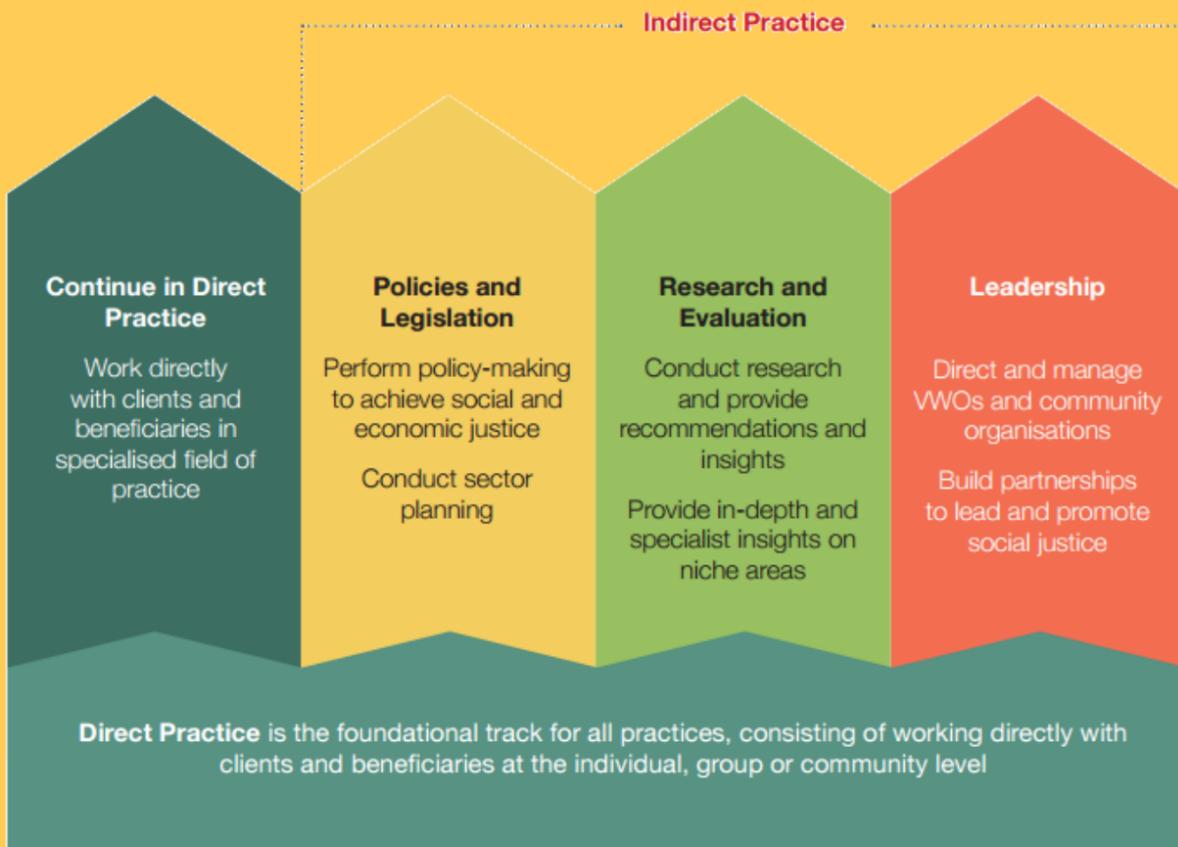
Facilitate groups to enable supportive interactions and individuals' growth and development



Conduct research on social issues, develop solutions, formulate policies and design programmes

## What areas do social workers work in?

Most social workers will start their careers in Direct Practice by working directly with clients and beneficiaries. After demonstrating core competencies at the foundational and intermediate levels, social workers may choose to either remain in Direct Practice or move into Indirect Practice tracks such as Policies and Legislation, Research and Evaluation or Leadership



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Find out more: <http://www.ssi.sg/nswcf>