

# Elder Abuse is **NOT** a Private Matter.

Together We Can Keep Our Seniors Safe.

## What is Elder Abuse?

Elder abuse is any action or lack of action that puts the health or well-being of an elderly person at risk.



### PHYSICAL ABUSE

Aggressive actions such as beating, kicking or slapping, resulting in physical pain and injury



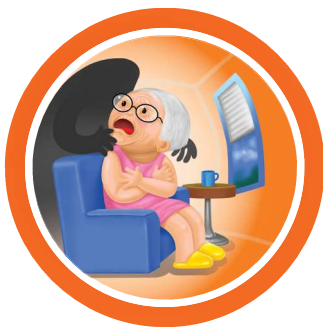
### NEGLECT

Failure to provide essential care such as food, clothing and medical care



### PSYCHOLOGICAL/ EMOTIONAL ABUSE

Verbal abuse such as shouting, threatening or preventing the elderly from any social contact



### SEXUAL ABUSE

Unwanted sexual acts committed against the elderly without consent

## TYPES OF ABUSE



### SELF-NEGLECT

Failure to perform essential tasks of daily living such as taking care of their three meals or personal hygiene, resulting in a potentially dangerous or unhygienic living environment

## Help is readily available.

Call the National Anti-Violence Helpline at **1800-777-0000**

If you are or know someone in a life-threatening situation due to abuse, call the police at **999** or SMS **71999**.



Scan QR code for more information on  
Elder Abuse or visit  
[www.msf.gov.sg/breakthesilence](http://www.msf.gov.sg/breakthesilence)



In conjunction with  
World Elder Abuse Awareness Day  
and Break the Silence Campaign