

Elder Abuse is NOT a Private Matter.

Together We Can Keep Our Seniors Safe.

What is Elder Abuse?

Elder abuse is any action or lack of action that puts the health or well-being of an elderly person at risk.



PHYSICAL ABUSE

Aggressive actions such as beating, kicking or slapping, resulting in physical pain and injury



NEGLECT

Failure to provide essential care such as food, clothing and medical care



PSYCHOLOGICAL/ EMOTIONAL ABUSE

Verbal abuse such as shouting, threatening or preventing the elderly from any social contact



SEXUAL ABUSE

Unwanted sexual acts committed against the elderly without consent

TYPES OF ABUSE



SELF-NEGLECT

Failure to perform essential tasks of daily living such as taking care of their three meals or personal hygiene, resulting in a potentially dangerous or unhygienic living environment

Help is readily available.

Call the National Anti-Violence and Sexual Harassment Helpline at **1800-777-0000**

If there is imminent danger to a person's life and safety, please call the police at **999** or SMS **71999**.



www.msf.gov.sg/breakthesilence



In conjunction with
World Elder Abuse Awareness Day