

## ANNEX B – FACTSHEET ON PARENTING SUPPORT PROVIDERS (PSPS)

### A) A New Regional Approach to Service Delivery through PSPs

**Parenting Support Providers (PSPs)** are one-stop service providers which work closely with schools within their allocated regions, to deliver evidence-based parenting programmes to parents and to provide follow-on counselling support to parents who need it. This model facilitates closer partnerships with schools and better outreach to parents so that more parents are able to access and benefit from parenting programmes. The PSPs currently offer two evidence-based programmes – Positive Parenting Program (Triple P) and Signposts.

The new PSP model is based on the 10 Social Service Office (SSO) regional clusters. Phased implementation began in July 2019, and the appointment of all 10 Social Service Agencies as PSPs was completed in November 2019.

S/N	Regional Cluster	Social Service Agencies appointed as PSPs
1	Ang Mo Kio / Yishun	AMKFSC Community Services
2	Bedok / Geylang Serai	Morning Star Community Services
3	Boon Lay / Taman Jurong	THK Moral Charities
4	Bukit Batok / Bukit Panjang / Choa Chu Kang	Fei Yue Community Services
5	Bukit Merah / Kreta Ayer	Montfort Care
6	Clementi / Jurong East / Queenstown	Lakeside Family Services
7	Hougang / Sengkang / Serangoon	Methodist Welfare Services
8	Jalan Besar / Toa Payoh	TOUCH Community Services
9	Pasir Ris / Punggol / Tampines	Methodist Welfare Services
10	Sembawang / Woodlands	Care Corner Singapore

## **B) How the new PSP model differs from previous modes of service delivery**

Since 2012, MSF has provided funding to schools, who then engaged multiple service providers to deliver parenting programmes, which included both evidence and non-evidence based programmes. Over the years, MSF has seen a rise in the number of MOE and Special Education (SPED) schools who have partnered with MSF to offer evidence-based programmes, from 20 in 2014 to 295 (about 83% of all schools) in 2019. To date, close to 20,000 parents have benefitted from these parenting support programmes.

MSF's evaluation studies have found that evidence-based parenting support programmes such as Triple P has shown positive effects on parenting and child outcomes in our local context. In order to expand the delivery of evidence-based programmes to parents via the schools, MSF is transitioning to a regional approach for service delivery, where a Social Service Agency will be appointed as a PSP to work with the schools in its allocated region to delivery parenting support programmes and other parenting support services in a more holistic manner. This enables better partnerships with schools and better support for parents as it enables the PSPs to better engage parents and provide follow-on counselling or referral to other services.

## **C) Services and programmes provided by the PSPs**

The PSPs have two key objectives:

- Increase outreach to parents
- Improve coordination, especially for parents who need other support services

These 10 PSPs work closely with schools to **reach out to parents and provide follow-on counselling support** where needed, to support parents more holistically. They serve as the single point-of-contact for schools, facilitating closer partnerships with schools and better outreach to parents. The evidence-based programmes provided to schools by the PSPs are as follows:

- Positive Parenting Program (Triple P) Levels 2, 3 and 4, and Triple P Online
- Signposts

*For more information on these programmes, please refer to Annex A.*