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Where is Safe & Together?

USA

- Alaska
- California
- Colorado
- Delaware
- District of Columbia
- Florida
- Iowa
- Maryland
- Michigan
- Minnesota
- Ohio
- Oregon
- Nebraska
- New Jersey
- New Mexico

Canada

- Manitoba
- Ontario
- Maritimes

UK

- Barnardos Scotland
- 20+ Local Authorities across Scotland
- Ministry of Defence
- Manchester & other cities
- 10+ London Boroughs
- Scottish Women's Aid

Asia

- Hong Kong
- Singapore

Australia & New Zealand

- Family Court of Australia
- PATRICIA, Invisible Practices, STACY projects
- Queensland
- Western Australia
- Northern Territory
- Victoria
- South Australia
- New South Wales
- Australia Capital Territory

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Safe & Together™ Model

Better Outcomes for Families & Systems

Domestic Violence Informed Sectors & Systems

- Improved Competencies
- Improved Cross System Collaboration

Better Outcomes for Children & Families

- Improved Safety, Healing from Trauma, Stability and Nurturance for Children
- Better Partnerships with Survivors
- Better Interventions with Perpetrators Parents

Foundation

- Model Characteristics
- Principles
- Critical Components
- Multiple Pathways to Harm

Practice Tools & Areas

- Mapping
- Pivoting
- Choose to Change
- Ally Guide
- Worker Safety
- Intersections
- Intersectionalities

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Word About Language

Perpetrator v. Person Who Causes Harm

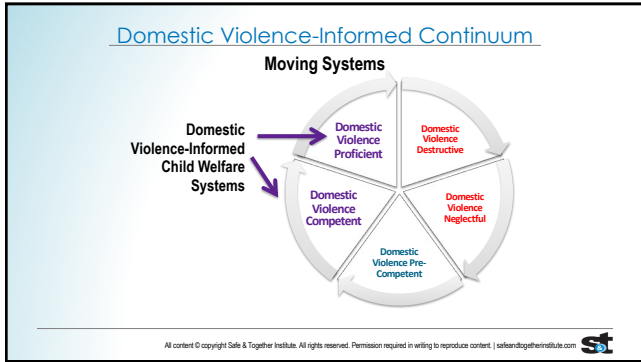
Who perpetrates? Men, Women, Same-Sex, Hetero, Non-Binary, Trans

Safe & Together Model is objective and behavioral

Still important to talk explicitly about men as parents and perpetrators

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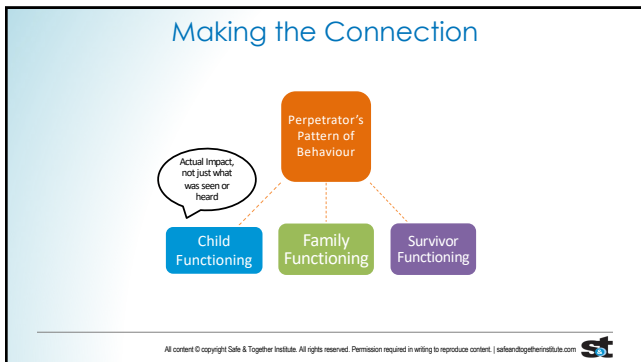
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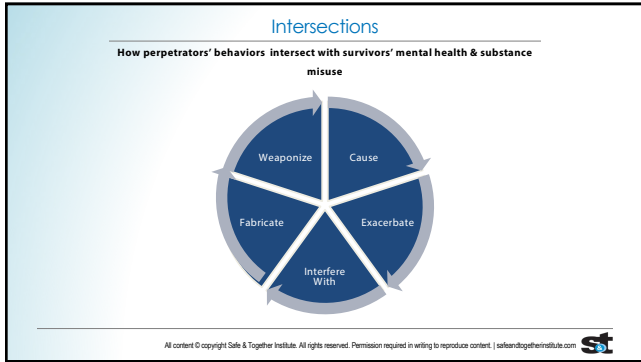
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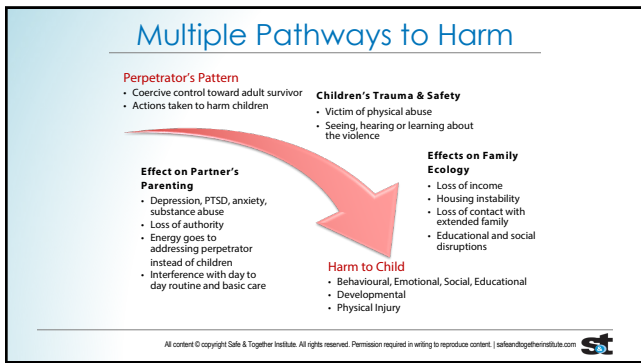
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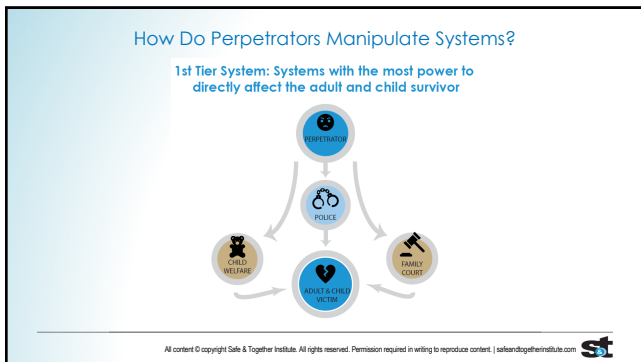
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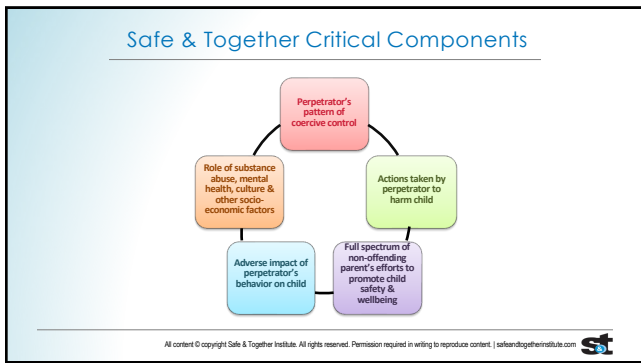
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Safe & Together Principles

- 1** Keeping child Safe and Together with non-offending parent
Safety | Healing from Trauma | Stability & Nurturance
- 2** Partnering with non-offending parent as default position
Efficient | Effective | Child-centered
- 3** Intervening with perpetrator to reduce risk and harm to child
Engagement | Accountability | Courts

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Assume domestic violence survivors are engaging in behaviours of resistance and protection – even after separation.

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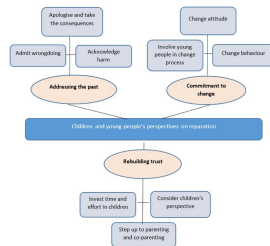
One Way to Assess Protective Efforts

- **Safety: Physical & Emotional Examples**
 - Managing household to reduce children's exposure to abuse
 - Sending children away (other room, other house, relatives, after school activities)
 - Verbally or physically intervening to protect children
 - Getting order of protection
- **Healing from Trauma Examples**
 - Talking to children
 - Bringing to counseling
 - Providing normalcy/routine/enjoyable activities
 - Engaging relatives in lives of children
- **Stability and Nurturance Examples**
 - Making sure household continues to function
 - Maintaining children's basic needs
 - Informing children about any changes in household
 - Parenting in a "foxhole"

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Listening to Voices of Child Survivors

"Your Behavior Has Consequences" research: Lamb, Humphreys, Hegarty (2018)



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High Standards for Perpetrators as Parents Setting Child-Centered Expectations

- Stop identified abusive, controlling behaviors
- Parenting specific expectations
 - Support for other parent's parenting
 - Compliance with court orders including child support/custody
 - Support for children's basic needs
 - Support for recommended children's therapeutic needs (when necessary)
 - Engage in treatment/intervention specifically designed to address identified pattern
 - Engage in other treatment/services (when necessary)

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Behavioral Expectations

Connecting change to the children

- _____ = Child Safety?
- _____ = Child Healing from Trauma?
- _____ = Child Stability and Nurturance?
- _____ = Improved Family Functioning?

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Case Study (from UK draft domestic abuse guidance)

Carrie was supported by Action for Children's specialist therapeutic counselling service, Breaking the Cycle, after experiencing her father abusing her mother, who are now separated. Carrie had been present when her father was abusive towards her mother and had also been directly affected by her father's coercive and controlling behaviours. Carrie has contact with her father, and wanted this, but she was struggling to make sense of her feelings. It was felt that independent counselling would help her to understand her emotions and manage how she was feeling.

Carrie was offered over ten counselling sessions which took place at her school. Her counsellor used creative interventions like mindfulness, therapeutic play and metaphoric image work (which can help people to step outside of themselves and process feelings at a safe distance).

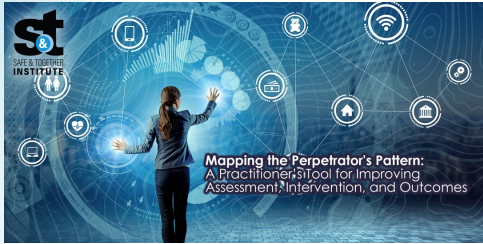
Through these interventions, Carrie and her counsellor explored her fears and anxieties; her relationships at home and at school; things within and beyond her sphere of control; and feeling and staying safe.

By the end of the counselling sessions, Carrie had an improved sense of what is and what is not within her control, and better understood both what is a good relationship and what is domestic abuse, and the importance of asking for help when needed. She became less anxious and tearful at home, and more able to manage difficult and complicated emotions. She also felt more confident communicating her own wants and needs.


<https://www.gov.uk/government/consultations/domestic-abuse-act-statutory-guidance/domestic-abuse-draft-statutory-guidance-framework/chapter-3-impact-on-victims>

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Uncovering Coercive Control:
A multi-media tool
for professionals
partnering with
survivors



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Extend Your Learning:


Virtual Academy Course Catalog

Virtual learning is more important than ever. The Safe & Together Institute's Virtual Academy delivers innovative and high-quality e-courses and virtual and blended trainings for child welfare, domestic violence, human services, and other professionals.

E-learning Course Options


- E-Course:** Self-paced, fully virtual course with interactive content, completed by the learner at their own pace. Interactive content may include: resource downloads, training videos, interactive case scenarios and virtual activities, discussion boards, and quizzes.
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