

"PAVE'D MY PATH"

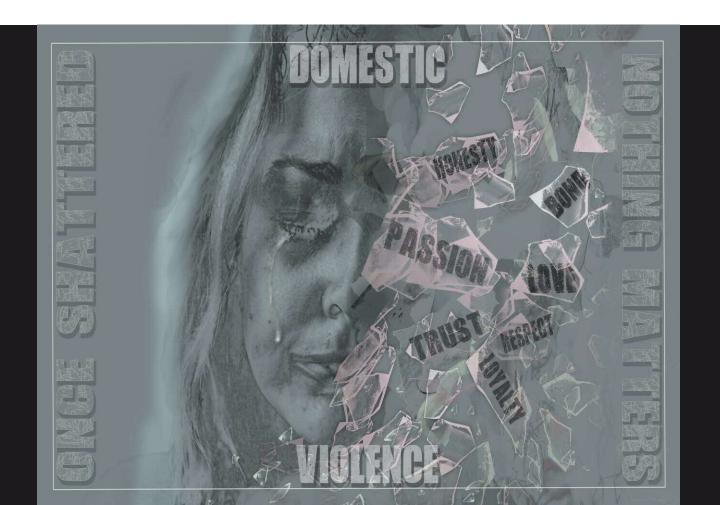
TAKING INSPIRATION FROM MEN WHO ABUSE

NFVNS 2022





One Man's Reflection



Our Reflections – Why we do what we do



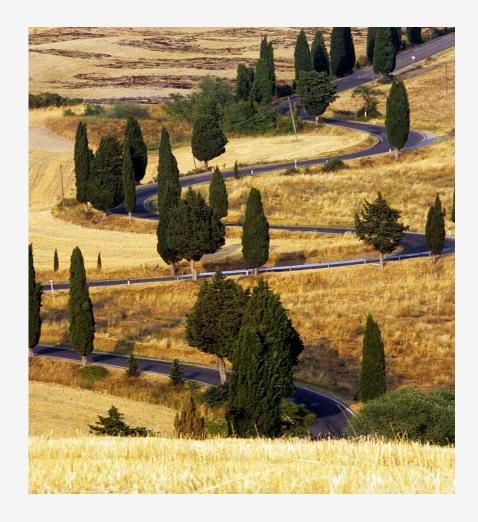
The only person who can stop the violence is the one using it.

Bottomline.

If the men who abuse are not given appropriate support as their physical, mental and socio-emotional conditions dictate, it is the women and children who suffer.



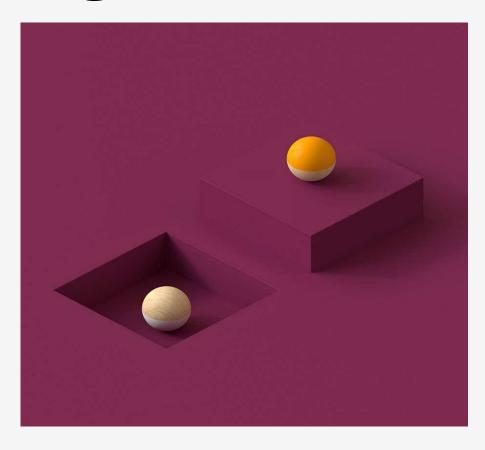
Our Reflections of Journey Past



- 1. Philosophy using men's group and individual counselling
- 2. Matched with programme for survivors and child witnesses



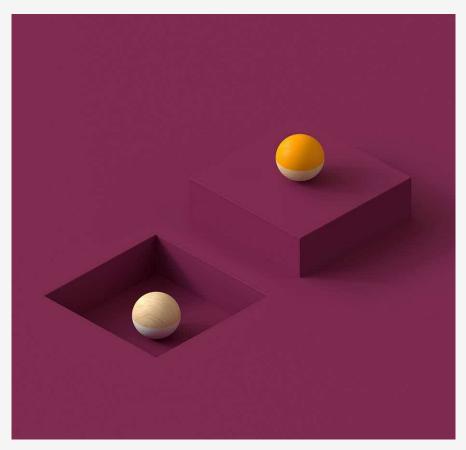
What was the "Right" model then?



- 1. Learnt from tried and tested models.
- 2. Individual & groupwork programmes; voluntary & mandatory counselling
- 3. Indigenised to local context.
- 4. Worked in tandem with key stakeholders for holistic intervention.
- 5. On-going research & streamlining of practice model.



Changing Trends



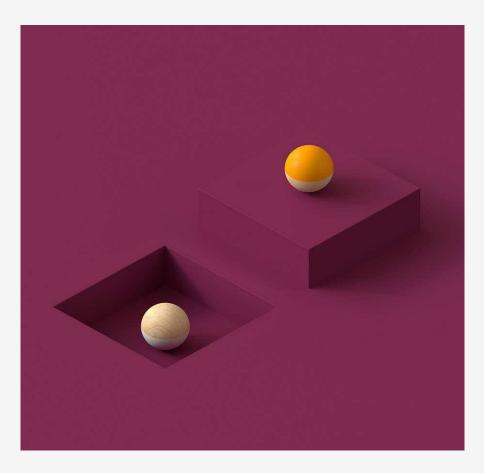
Complexity of FV dynamics arising from

- 1. Increasing trend of toxic trio
- 2. Adverse Childhood Experiences (ACEs)
- 3. Lower threshold of emotional coping
- 4. Increasing transnational families presenting multiple stressors

cont.....



Changing Trends



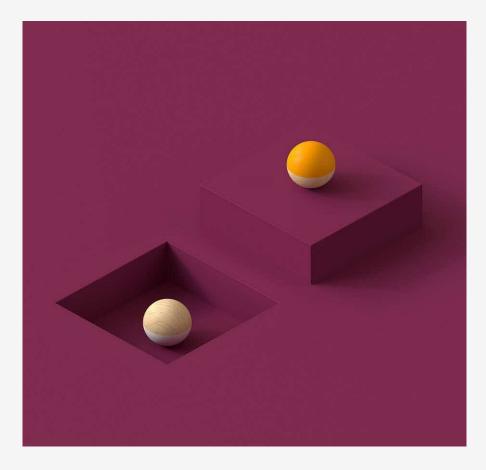
Complexity of FV dynamics arising from

Cont'd...

- 5. More complaints of mutual partner violence.
- 6. More litigious and combative families
- Increasing trend of special needs adults in perpetrator role
- 7. Wider repertoire of services



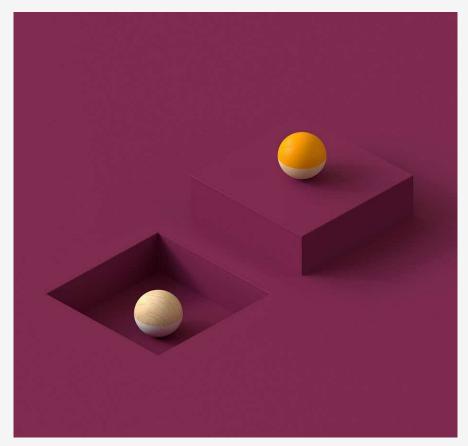
Value added Models



- Safe and Together Model
- 2. Partnering for Safety
- 3. Trauma-informed approach
- 4. Structural Family Therapy, and more....



What is different now?



- Familiarity with different lens and approaches.
- 2. Strengthened practice with men who abuse, survivors, vulnerable children and social networks



Of Utmost importance



Integrative approach





What we have learnt from engaging men who abuse in context of family



What works for them



- 1. Seek first to understand.
- 2. Therapeutic relationship
- 3. Holding them accountable via direct feedback
- 4. Safe space to feel vulnerable, confront their abusive past and acknowledging impact
- 5. Much ado about "Nothing happened"
- Increasing insight on impact of harm on children & spouse/partner

Cont.....



What works for them

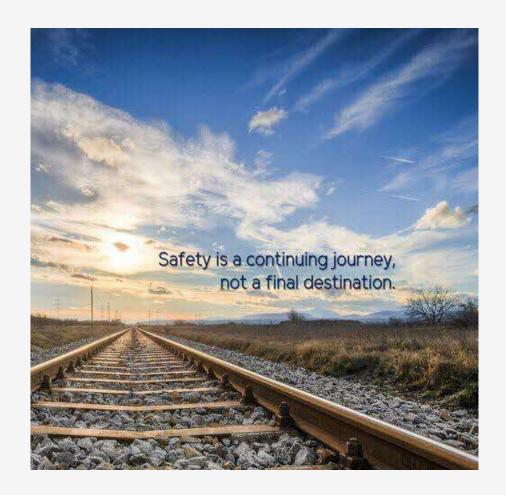


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- 7. Connecting with motivation to interact differently with family.
- Shifting paradigm from violence to nonviolence. Pacing and patience.
- Commitment to find new ways of interacting with family.
- 10. Finding closures and healing.



Continuing journey



- 1. Continuum of services.
- 2. Keeping kids at the centre of focus.
- 2. No easy answers. Dynamism of violence situations





The future of men's work.

Grin and Bear it?



Paving the path Importance of creating the first step

