

# EVIDENCE BASED PRACTICE (EBP)



## WHAT?

The integration of:



Utilise multiple sources of information, knowledge & experience

Based on sound clinically relevant research

- Culture of learning & evaluation  
- Reflective & critical in our thinking

- Apply evidence-based findings to our understanding  
- Design programmes for intervention

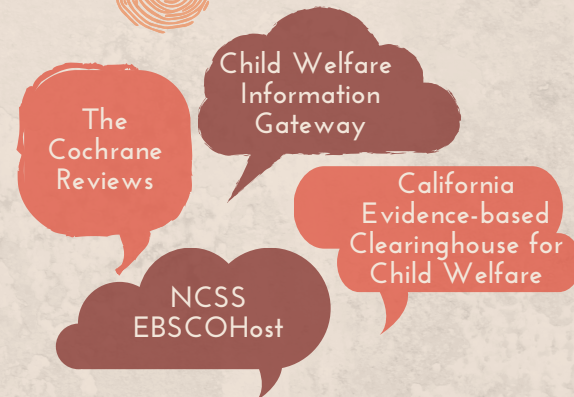
Conduct operational/ applied research



## PROCESS



## RESOURCES



## HOW CAN EBP BE UTILISED IN AGENCIES?

### #1 - Create a Culture of EBP: Learning, critical thinking and evaluation

- Have an EBP Champion
  - Disseminate information on EBP & resources available
- Have protected time
  - For reading/conducting research
- Have access to journals/research studies
  - Form a Journal Club

### #2: Incorporate EBP in case intervention systems & policies

- Conduct literature review & establish sound guiding theories for practice
  - New processes, policies/programmes
- Have pilot run for new programmes
  - Programme evaluation integral part of programme design

### #3: Undertake applied research

- Collaborate with Institutions of Higher Learning
  - Offer research opportunities for students
- Conduct applied research of a manageable scale
  - Using existing data