

Keeping children safe

Kitchen

- Keep hot drinks and food out of reach
- Use table mats instead of table cloths
- Use child safety gates to limit access
- Cut food into smaller pieces before feeding it to child (e.g. fish ball, grapes)
- Keep dangerous objects and chemicals out of reach (e.g. glassware, sharp tools, electrical equipment, matches, lighters, ashtrays, alcohol, medicine, cleaning liquids etc.)
- Use child-proof containers and child safety locks for cupboards and drawers

Toilet

- Ensure water is not too hot for children
- Don't store pails of water
- Use non-slip mats
- Keep all floors dry



Living Room

- Don't let child use a baby walker without supervision
- Cover electrical outlets within reach
- Secure wires and cords to prevent tripping
- Supervise child in the balconies and near windows

General

- Supervise child at all times, child not to be left alone at home or in vehicles at any time
- Don't let child play with plastic bags to avoid suffocation
- Lock and child-proof window grilles and doors
- Install safety gates to prevent entry of children into areas which may endanger their safety

Bedroom

- Remove all suffocation hazards (e.g. blanket) when child sleeps
- Don't leave child unattended in cot without sides drawn up
- Make child sleep in a cot satisfying safety standards

Outdoors

- Supervise child while in the playground and only let him/her use age-appropriate equipment
- Hold or carry child when walking along or crossing the road
- Make sure child always wears a helmet when cycling or roller-blading
- Make sure child never cycles or roller-blades in carparks or on streets
- Don't carry child on shoulders when on escalator & hold child securely
- Use an age-appropriate child car seat and safety belt in the back seat of the car

