



Family-Centred Practice

Aim

Systematic way of creating partnership with families that:

- treats them with dignity & respect
- honours their values & choices
- provides support for family functioning



Elements

1.

Strength-based



2.

Family choice & control



3.

Collaborative work



Skill #1

Goal Setting

- Social workers need to:
- build rapport with family
 - engage and work with the family
 - arrive at mutually acceptable goals
 - identify an end-goal for families to work towards

Skill #2

Facilitation

- Social workers need to:
- help the family set an agenda
 - engage families in assessment
 - rebuild family capacity
 - address family power imbalance
 - follow up with agenda

Skill #3

Intervention

- Social workers need to:
- stay focused on the family's goals
 - help families make decisions
 - facilitate access to services
 - evaluate progress regularly
 - follow up with goals

