# Social Work with Youth







It's time to RAISF the standards

## Relationships are important.

Young people require forms of support that could play the role of "family" and need to trust and respect an adult who is dependable, available and consistent.

Families need to be supported to help the youth



#### Be Adaptive.

There is no one-size-fits-all program and thus we must consider the relevance of measures we take for an individual in terms of culture, environment and health status.



### Identify mental illnesses early.

We must facilitate access to assessment and evaluation and upon appropriately identifying the type of mental illness (persistent or situational), ensure prompt treatment



#### Sustained support

Support has to be given to both the youth as well as their families in terms of having ready access to information, advice and practical help. Such long-term support allow for youths to grow into self-sufficient adults who are independent of

programs and services.



### Empower and Motivate.

Young people must be empowered in order to develop a moral compass and experience success.

Likewise, we must motivate workers in this field by helping them discover their talent and aptitude through skills training and career coaching to ensure they stay strong in the profession.





At-risk youth are not "bad", they are simply youth to whom bad things have happened.



With help, these youth CAN SUCCEED!

http://tinyurl.com/socialworkwithyouths

Adapted from: Letters to Social Work Students "Social Work with Young People", pg 84-88, by Ang Bee Lian