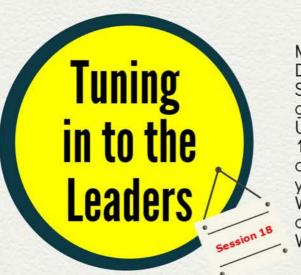


Mr Udhia Kumar

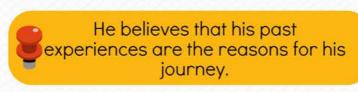


Udhia Kumar is Executive Director of Thye Hua Kwan Family Service Centre Tanjong Pagar. He graduated from NUS with a Second Upper Honours in Social Work in 1995, and he has been in direct counselling practice for over 15 years. He specializes in Family Wellness work. He was recently awarded the Ann Wee NUS Social Work Alumni Award in 2015.



### **Journey to becoming a Social Worker**







### Social Justice

Mr Kumar came from a single parent family. He had a younger sister who was born with a disability and he lost her when she was 5 years old. Life was tough for the family. They had to stay in a one room rental flat, without a proper study environment. His past sparked his interest to be actively involve in family related conflicts. He believes that no family in today's world should be living life the way he

did 30-40 years ago.



Although Mr Kumar's mother was not rich, she had a heart of compassion for people. He also attended St Gabriel school, which taught him alot about serving the community. His upbringing contributed to him developing compassion for the society.

# **Qualities of leaders**



Compassion



rustworthy



Resourceful



Creative





Ready to learn from failures



Focused

Fair





Empowerer

Experimenter



Forgiving



## **Vision for the Community**

- 1. To be EMPOWERED
- To be HOPEFUL for the future
- To be ENDURING 4.To have a vision for the FUTURE
- 5. To stay CONNECTED

6. To turn from Multi Stress Families



# Food for Thought

Ask yourself, why do you

As a social worker, are you here to serve a cause, or are you counting

the cost to yourself?

do what you

what these researchers would do?



journey with them. After all this, is social work still a job to you?

As a social worker, you work

with people and



manner."

1. In your opinion, what do you think can be done to make the Family Service Centre's family services more dynamic and pro-active?

"There is a need to cut down on administrative work, and allow case workers to focus on their cases. Have a bigger team to allow for specialization, and a case management team to manage cases. The case management team can focus on studying different cases and identifying the repeated trends or patterns and to find the best solutions to tackle the problems. It is important to study the client

specialize in a certain area, rather than having a generic FSC worker." 2. You suggested research positions in agency, can you elaborate on

profile as different neighbourhoods have different profiles. Every FSC should

"Researchers can review the client's history or profile in order to better understand the clients. Do a complete population case study to get a complete picture of the clients through analysis. Find out what the contributing factors are that may be causing a person to have the tendency to react or act in a certain