

INSPIRASI - Hubs for Marriage Preparation & Enrichment

Marriage is a journey of a lifetime and it is important that you start it right.

INSPIRASI Hubs are dedicated to help you prepare for your marriage journey. Couples with a partner below 21 years old can sign up for INSPIRASI's programmes. With effect from July 2016, INSPIRASI programmes will also be available to grooms aged 21 to 24 years old.

INSPIRASI's marriage programmes include:

a. Premarital Consultation and Marriage Preparation Programme Titian Kasih (INSPIRASI PPIS) and Young Couples Programme (INSPIRASI @ AMP)

Premarital Consultation Session

In this session, staff of INSPIRASI Hubs will engage you, your partner and your families in a pre-marriage conversation, to better understand, clarify and address any concerns that couples and families may have about the marriage as well as discuss post-marriage plans. Couples and their families will be introduced to the marriage preparation programme as well as other programmes and services provided by the INSPIRASI Hubs to support couples in their marital journey.

Marriage Preparation Programme

You and your partner will learn essential skills and knowledge to build a family at a young age through interactive workshops and couple sessions. Sessions for parents and/or guardians are also provided as they play an important role in young couples' marriages.

Following completion of the marriage preparation programme, you will receive a certificate of attendance. Please produce this certificate during the marriage registration process at ROMM.

Post-Marriage Support Programmes

Couples will enjoy support for the first ten years of marriage once they begin their journey with the INSPIRASI Hubs. INSPIRASI's marriage enrichment support includes:

- **Engagement and Support Group Sessions** - A platform for couples to share marriage issues with their peers and marriage experts. The sessions also provide information and tips to help couples strengthen their marriage. For example, **Thank God It's our First! (T.G.I.F.!)** is a series of Chit-Chat sessions that support couples in their first year of marriage.
- **Club INSPIRASI Marriage Enrichment Activities** - Couples will be equipped with skills and knowledge to manage challenges and strengthen family life. Couples who have been married for 6 to 10 years will be introduced to specific skills such as parenting school-going children under the Keluarga G.E.M.S (Growing Every Marriage towards Success) series.

- **Information & Referral** – Couples will be provided with information on relevant schemes, programmes and services, for referral where necessary.
- **Casework & Counselling** – For couples who need stronger support in managing challenges in their marriage and family life.



INSPIRASI PPIS

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Monday – Friday: 9 am to 5 pm

Saturday : By Appointment only



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