



# Family-Centred Practice

## Aim

Systematic way of creating partnership with families that:

- treats them with dignity & respect
- honours their values & choices
- provides support for family functioning



## Elements

### 1.

Strength-based



### 2.

Family choice & control



### 3.

Collaborative work



## Skill #1

### Goal Setting

- Social workers need to:
- build rapport with family
  - engage and work with the family
    - arrive at mutually acceptable goals
    - identify an end-goal for families to work towards

## Skill #2

### Facilitation

- Social workers need to:
- help the family set an agenda
  - engage families in assessment
  - rebuild family capacity
  - address family power imbalance
  - follow up with agenda

## Skill #3

### Intervention

- Social workers need to:
- stay focused on the family's goals
  - help families make decisions
  - facilitate access to services
  - evaluate progress regularly
  - follow up with goals

