

### **Mandatory Marriage Preparation Programme**

To attend the mandatory Early Marriage Support (EMS) programme, please contact any of the following Voluntary Welfare Organisations (VWOs):

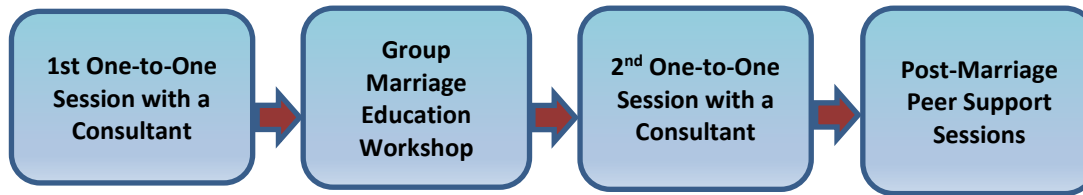
| <b>S/N</b> | <b>Name of VWO</b>         | <b>Address</b>   | <b>Contact Details</b>  |
|------------|----------------------------|--|---|
| 1          | Fei Yue Community Services | 491B River Valley Road, Valley Point Shopping Centre #04-04A<br>Singapore 248373 | Contact number: 6734 1401<br><br>Email address: leemingchoo@fyics.org<br>ceciliachee1@fyics.org<br>madelintay@fyics.org<br><br>Website: <a href="http://www.family-central.sg/index.html">http://www.family-central.sg/index.html</a> |
| 2          | TOUCH Family Services      | 5 Stadium Walk, Leisure Park Kallang, #04-05/06, Singapore 397693                | Contact number: 6709 8400<br><br>Email address: <a href="mailto:familylife@touch.org.sg">familylife@touch.org.sg</a><br><br>Website: <a href="http://www.touch.org.sg">www.touch.org.sg</a>   |

#### **1. What is Early Marriage Support (EMS) Programme?**

EMS is a marriage preparation and support programme which prepares young couples for a healthy and enriching marriage and family life. They help couples understand each other better, and provide practical skills to build a strong marriage. Some of the topics covered include communication and conflict resolution, in-law relationship, financial literacy and management, family planning, managing roles and expectations.

The EMS programme comprises:

- One-to-one sessions with a consultant (2 sessions of 2hrs each)
- Group marriage education workshop (4 sessions of 4hrs each)
- Post-marriage peer support sessions (4 sessions of 2hrs each)



Minor couples are required to complete the one-to-one sessions and the group marriage education workshop before they can proceed to file a notice of marriage. The EMS service provider will issue a certificate of attendance that minor couples have to bring along when they visit the Registry of Marriages (ROM) for verification of documents.

**2. What is the expected time needed for signing up and completing EMS?**

It takes about 4 to 6 weeks for couples to complete the one-to-one sessions and group marriage education workshop. Post-marriage peer support sessions are offered within the couple's first year of marriage.

Couples are advised to register with a service provider early for the EMS programme to avoid delaying their marriage.

**3. Do couples have to pay to attend EMS?**

No, couples do not have to pay to attend the EMS programme.