

CINTA ABADI MARRIAGE PREPARATION PROGRAMME

Cinta Abadi... Marriage of a Lifetime is an interactive and engaging marriage preparation programme for soon-to-wed Muslim couples to build a strong foundation for a stable and blissful marriage.



CINTA ABADI MARRIAGE PREPARATION PROGRAMME

If you are entering marriage for the first time, begin your journey with Cinta Abadi. Through a variety of interactive activities, you will

- *discover more about each other, your strengths and aspirations, for your journey ahead as a family*
- *learn about key areas such as effective communication and conflict resolution, financial planning, strengthening ties with family and other support networks, nurturing trust and intimacy, and*
- *pick up tips and know-how on meeting challenges together.*

Cinta Abadi caters to first marriages with grooms aged 25 years old and above. The programme is conducted in English and Malay at various locations across the island.

You can select the schedule based on your preferred location and availability. For registration and enquiries on class details, please contact the operators directly.

To find out more on Cinta Abadi Marriage Preparation Programme, please log on to www.msf.gov.sg/cintaabadi

CINTA ABADI OPERATORS 2019

Operator	Contact Number	Email	WebPage
APKIM Resources	6295 1011 (ext. 101)	info@apkim.com	www.apkim.sg
Art of Marriage	9001 7720 / 8111 7335	info@artofmarriage.sg	www.artofmarriage.sg
Bio Dew Management International	6685 8204 / 9107 1924	enquiry@bdmi.sg	www.bdmi.sg
D'MarriageXperts LLP	91951666 / 91229952	mpc@dmarrriageexperts.com	www.dmarriageexperts.com
Family Life Associates	8733 9646	alqudsi2003@yahoo.com.sg	www.familylifeassociates.com
Pendidikan Asas Daru Ashomiddin Service	9028 1906 / 9616 6727	isaac_012@hotmail.com	www.facebook.com/padaservice/ www.padaservice.sg
ProWise Consultancy Pte. Ltd.	6589 8455 / 9145 1182	prowise2005@gmail.com	www.prowisempc.com
Rafflesia Training & Trading	6635 2416	info@rafflesia.com.sg alimconnection@gmail.com	www.rafflesia.com.sg
Samrah Club	9421 7929	zuriati06@gmail.com samrah.info@gmail.com	FB Page: Marriage hub @ Samrah club
Singapore Kadayanallur Muslim League	9688 2445	khamajeed@gmail.com	www.skml.sg
Sparkz Counselling	9487 3677	hajanavaz@gmail.com	www.sparkz.biz/hope
SP Management Consultant	9365 0490	sPMC@sapphirepearl.com.sg	www.sapphirepearl.com.sg

**Details are accurate as at Jun 2019*

Cinta Abadi Marriage Preparation Programme Schedule (June 2019 to December 2019)

Month	Date	Operator	Location	Contact No	Email / Website	Language
June	1 & 2	Bio Dew Management International & Institute	Kampung Ubi CC, No 10 Jalan Ubi, S409075 (near Eunos MRT)	66858204/ WA 9107 1924	enquiry@bdmi.sg / www.bdmi.sg	English
June	1 & 2	SP Management Consultant	Al-Mukminin Mosque, 271 Jurong East Street 21, S609603 (Jurong East MRT)	93650490	spmcs@sapphirepearl.com.sg www.sapphirepearl.com.sg	English
June	1 & 2	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
June	8 & 9	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay
June	15 & 16	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
June	22 & 23	Art Of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	90017720/81117335	info@artofmarriage.sg / www.artofmarriage.sg	English
June	29 & 30	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmarrriageexperts.com / www.dmarrriageexperts.com	Malay
June	29 & 30	Prowise Consultancy Pte. Ltd.	SCWO 96 Waterloo Street, S187967	9145 1182/6589 8455	prowise2005@gmail.com www.prowisempc.com	English
June	29 & 30	Rafflesia Training & Trading	970 Geylang Road #02-03 S423492	6635 2416	info@rafflesia.com.sg	Malay
June	29 & 30	Samrah Club	Assyafaah Mosque 1 Admiralty Lane, S757620	94217929	FB Page: Marriage hub@ Samrah club	English
June	29 & 30	Singapore Kadayanallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
July	6 & 7	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	Malay
July	6 & 7	Bio Dew Management International & Institute	Kampung Ubi CC, No 10 Jalan Ubi, S409075 (near Eunos MRT)	66858204/ WA 91071924	enquiry@bdmi.sg www.bdmi.sg	English / Malay
July	6 & 7	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com http://www.sparkz.biz/hope	English / Tamil
July	13 & 14	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 / 91229952	mpc@dmarrriageexperts.com / www.dmarrriageexperts.com	Malay
July	13 & 14	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay

July	13 & 14	Prowise Consultancy Pte. Ltd.	SCWO 96 Waterloo Street, S187967	9145 1182/6589 8455	www.prowisempc.com prowise2005@gmail.com	English
July	20 & 21	Art of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	90017720/81117335	info@artofmarriage.sg / www.artofmarriage.sg	English
July	20 & 21	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com http://www.sparkz.biz/hope	English / Tamil
July	20 & 21	Samrah Club	Al Istiqamah Mosque 2 Serangoon North Ave 2, S555876	9421 7929	FB Page: Marriage hub@ Samrah club	Malay
July	27 & 28	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodlands St 31 #03-00, S731306	96166727/90281906	isaac_012@hotmail.com	Malay
July	27 & 28	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
July	27 & 28	Singapore Kadayannallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
July	27 & 28	SP Management Consultant	AL-MUKMININ MOSQUE 271 Jurong East Street 21, S609603 (Jurong East MRT)	93650490	sPMC@sapphirepearl.com.sg www.sapphirepearl.com.sg	English
August	3 & 4	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	English
August	3 & 4	Bio Dew Management International & Institute	SMCCI No. 15 Jalan Pinang, S199147 (Opposite Sultan Mosque)	66858204/WA 91071924	enquiry@bdmi.sg / www.bdmi.sg	English/Malay
August	3 & 4	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com http://www.sparkz.biz/hope	English / Tamil
August	10 & 11	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay
August	17 & 18	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com http://www.sparkz.biz/hope	English / Tamil
August	24 & 25	Art of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	9001 7720/ 8111 7335	info@artofmarriage.sg / www.artofmarriage.sg	English
August	24 & 25	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmariageexperts.com / www.dmarriageexperts.com	Malay
August	24 & 25	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodland St 31 #03-00 S731306	96166727/90281906	issac_012@hotmail.com	Malay
August	24 & 25	Prowise Consultancy Pte Ltd	SCWO 96 Waterloo Street S187967	91451182/ 65898455	prowise2005@gmail.com www.prowisempc.com	English

August	24 & 25	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
August	24 & 25	Samrah Club	2HEED Pte Ltd, Blk 739 Bedok Reservoir Road #02-3139 S470739	94217929	FB Page: Marriage hub@ Samrah club	English
August	24 & 25	Singapore Kadayannallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
August	24 & 25	SP Management Consultant	NORDCOM 1 3 Gambas Crescent, S757088 (Sembawang MRT)	93650490	sPMC@sapphirepearl.com.sg www.sapphirepearl.com.sg	English
August-September	31 & 1 Sept	Bio Dew Management International & Institute	Kampung Ubi CC, No 10 Jalan Ubi, S409075 (near Eunos MRT)	66858204/ WA 91071924	enquiry@bdmi.sg www.bdmi.sg	English / Malay
September	7 & 8	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	Malay
September	7 & 8	Prowise Consultancy Pte Ltd	SCWO 96 Waterloo Street S187967	91451182/ 65898455	prowise2005@gmail.com www.prowisempc.com	English
September	7 & 8	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor, #07-02 S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
September	14 & 15	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmarrriageexperts.com / www.dmarrriageexperts.com	Malay
September	14 & 15	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay
September	14 & 15	Samrah Club	Al-Islah Mosque 30 Punggol Field, S828812	94217929	FB Page: Marriage hub@ Samrah club	English
September	14 & 15	SP Management Consultant	AL-MUKMININ MOSQUE 271 Jurong East Street 21, S609603 (Jurong East MRT)	93650490	sPMC@sapphirepearl.com.sg www.sapphirepearl.com.sg	English
September	21 & 22	Art Of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	90017720/81117335	info@artofmarriage.sg / www.artofmarriage.sg	English
September	21 & 22	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02 S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English/ Tamil
September	28 & 29	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodland St 31 #03-00 S731306	96166727/ 90281906	issac_012@hotmail.com	Malay
September	28 & 29	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
September	28 & 29	Singapore Kadayannallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
October	5 & 6	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	English

October	5 & 6	Bio Dew Management International & Institute	SMCCI No. 15 Jalan Pinang, S199147 (Opposite Sultan Mosque)	66858204/WA 91071924	enquiry@bdmi.sg / www.bdmi.sg	English/Malay
October	5 & 6	Prowise Consultancy Pte Ltd	SCWO 96 Waterloo Street S187967	91451182/ 65898455	prowise2005@gmail.com www.prowisempc.com	English
October	5 & 6	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02 S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English/ Tamil
October	12 & 13	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay
October	19 & 20	Art Of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	90017720/81117335	info@artofmarriage.sg / www.artofmarriage.sg	English
October	19 & 20	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmariageexperts.com / www.dmarriageexperts.com	Malay
October	19 & 20	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
October	19 & 20	Samrah Club	2HEED Pte Ltd, Blk 739 Bedok Reservoir Road #02-3139 S470739	94217929	FB Page: Marriage hub@ Samrah club	Malay
October	19 & 20	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
October	26 & 27	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodland St 31 #03-00 S731306	96166727/ 90281906	issac_012@hotmail.com	Malay
October	26 & 27	Singapore Kadayannallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
October	26 & 27	SP Management Consultant	NORDCOM 1 3 Gambas Crescent, S757088 (Sembawang MRT)	93650490	spmc@sapphirepearl.com.sg www.sapphirepearl.com.sg	Malay
November	2 & 3	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	Malay
November	2 & 3	Bio Dew Management International & Institute	Kampung Ubi CC at No 10, Ubi Road S409075 (near Eunos MRT)	66858204/WA 91071924	enquiry@bdmi.sg / www.bdmi.sg	English/ Malay
November	2 & 3	Prowise Consultancy Pte Ltd	SCWO 96 Waterloo Street S187967	91451182/ 65898455	prowise2005@gmail.com www.prowisempc.com	English
November	2 & 3	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
November	9 & 10	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay

November	16 & 17	Art Of Marriage	10 Anson Road #06-14/19/20 International Plaza S079903	90017720/81117335	info@artofmarriage.sg / www.artofmarriage.sg	English
November	16 & 17	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmariageexperts.com / www.dmariageexperts.com	Malay
November	16 & 17	Samrah Club	Al Istiqamah Mosque 2 Serangoon North Ave 2, S555876	9421 7929	FB Page: Marriage hub@ Samrah club	Malay
November	16 & 17	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
November	23 & 24	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodland St 31 #03-00 S731306	96166727/90281906	issac_012@hotmail.com	Malay
November	23 & 24	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
November	23 & 24	Singapore Kadayannallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English
November	23 & 24	SP Management Consultant	NORDCOM 1 3 Gambas Crescent, S757088 (Sembawang MRT)	93650490	sPMC@sapphirepearl.com.sg www.sapphirepearl.com.sg	English
November-December	30 & 1 Dec	Bio Dew Management International & Institute	SMCCI No. 15 Jalan Pinang, S199147 (Opposite Sultan Mosque)	66858204/WA 91071924	enquiry@bdmi.sg / www.bdmi.sg	English/Malay
December	7 & 8	APKIM Resources	134 Arab Street S199824	62951011	info@apkim.com	English
December	7 & 8	D'MarriageXperts LLP	Singapore Shopping Centre, 190 Clemenceau Avenue #02-20 S239924	91951666 /91229952	mpc@dmariageexperts.com / www.dmariageexperts.com	Malay
December	7 & 8	Prowise Consultancy Pte Ltd	SCWO 96 Waterloo Street S187967	91451182/ 65898455	prowise2005@gmail.com www.prowisempc.com	English
December	7 & 8	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
December	14 & 15	Family Life Associates	306A Woodlands St. 31 #03-00 S730306	87339646	alqudsi2003@yahoo.com.sg	Malay
December	14 & 15	Samrah Club	Assyafaah Mosque 1 Admiralty Lane, S757620	94217929	FB Page: Marriage hub@ Samrah club	English
December	21 & 22	Rafflesia Training & Trading	No 970 Geylang Road Tristar Complex #02-03 S423493	6635 2416	alimconnection@gmail.com	Malay
December	21 & 22	Sparkz Counselling	Redhill Forum, 16 Jalan Kilang Timor #07-02, S159308	94873677	hajanavaz@gmail.com www.sparkz.biz/hope	English / Tamil
December	21 & 22	SP Management Consultant	AL-MUKMININ MOSQUE 271 Jurong East Street 21, S609603 (Jurong East MRT)	93650490	sPMC@sapphirepearl.com.sg www.sapphirepearl.com.sg	English

December	28 & 29	Pendidikan Asas Daru Ashomiddin Service	Blk 306A Woodland St 31 #03-00 S731306	96166727/90281906	issac_012@hotmail.com	Malay
December	28 & 29	Singapore Kadayanallur Muslim League	Blk 65 Telok Blangah Drive #01-166 S100065	96882445	khamajeed@gmail.com	Tamil and English

****Correct as at June 2019. Subject to changes with notice.***