

Implementation Science and Evaluation #13:

FIDELITY MONITORING

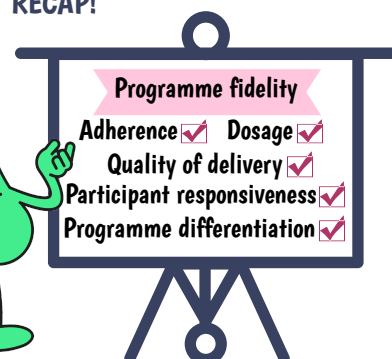
WHAT is fidelity monitoring?



- Monitoring the degree to which programmes are implemented as intended.
- Monitoring fidelity at the practitioner level is imperative to interpreting outcomes.



RECAP!



WHY monitor fidelity?



1 To understand the degree to which the programme is delivered according to the programme intent and specifications



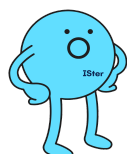
2 To identify areas for improvement, and the barriers/facilitators of improvement



3 To provide a measure of the progress of the implementation and improvement efforts



HOW to monitor fidelity?



Below are various ways you can monitor fidelity.

Note that methods used vary depending on the complexity of the programme and system, availability of resources and the implementation phase!



OBSERVATION



"WHO"

Experts or supervisors

"HOW"

Rate **adherence** and **quality of delivery** by practitioners through audio/video recordings, onsite observations/interviews

PRACTICE CHECKLIST



"WHO"

Practitioners

"HOW"

Complete checklists to track **adherence/dosage** (whether key intervention activities were completed)

CASE FILE REVIEW



"WHO"

Programme experts or trained staff

"HOW"

Review case documentations to track **adherence/dosage** (whether key intervention activities were delivered) and **participant responsiveness**

References:

Kaye, S., & Holder, T. (2011, August 29). Fidelity 101: How to develop, validate and use fidelity measures to inform implementation in child welfare [Conference Presentation]. National Child Welfare Evaluation Summit, Washington, DC. https://www.acf.hhs.gov/sites/default/files/documents/cb/es2011_session_108.pdf

National Implementation Research Network. (n.d.) Module 2: Implementation Drivers, Introduction. <https://nirn.fpg.unc.edu/module-2/implementation-drivers>

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