
TUNING IN TO THE LEADERS

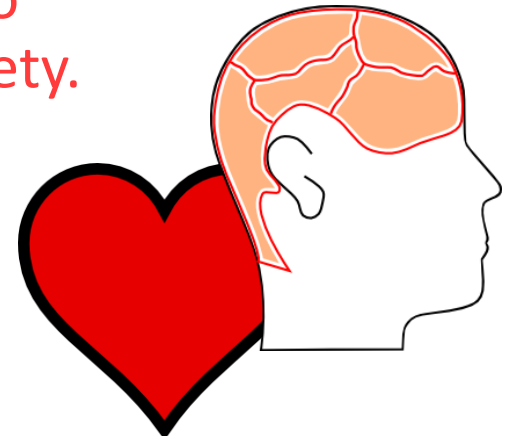
SESSION 11



Ms Lee Yean Wun has been a Social Worker since 1986 and has been in the direct service working with at risk youths and families in need in the community. She is trained in Marital and Family Therapy and has been involved in pioneering the Guidance Programme, Mandatory Counselling Programme, School Social Work and Intensive Case Management Programme. She currently serves as the Chairperson of the Review Committee for Children's Homes and a Master Social Worker at the Family Service Centre sector. She is the Principal Social Worker of Kampong Kapor FSC and she does not consider Social Work as a job but a part of who she is and how she wishes to live life.

HEART & MIND

- Social Work is a profession that requires us to think deeper.
- There is a need to engage our mind in our work as there are many things we need to know about people, policies and the society.
- The ability to make observations is also crucial.



BODY & SOUL

- Social Workers are driven by their personal values and beliefs.
- Your heart needs to be aligned with your thinking and what you do needs to be aligned with your beliefs.



BE HARDWORKING

- It is important to be hardworking as the issues social workers deal with are complex and complicated.
- Furthermore, the changes that we seek do not happen quickly and easily.
- Do not be blindly hardworking but put in purposeful and focused hard work.



NOT KNOWING IS OKAY

- It is okay to not have knowledge on everything as Social Work is extremely broad.
- Not knowing is fine, but not knowing and not doing anything about it is not, especially when there are many resources for Social Workers now for them to improve themselves.



Q: What suggestions do you have to help us Social Workers remain centered?

- Ask yourself why you wanted to come into this profession.
- Look at your own strengths and what you can offer and figure out how you can utilise them.
- It will also be easier if you are easy going and have a positive mindset. It also helps to have a supportive family which makes it easier to work as a Social Worker.



Q: Do you think someone who has once been damaged can be a good Social Worker?

- One thing that all Social Workers believe in is that change is possible.
- Therefore, yes someone who has been damaged can be a good Social Worker as people can heal. However it takes time and effort.
- Let the healing take place before coming in to this profession.

